General Eligibility Rules

UC Students can only participate in the Cheerdance and LITMUS Competitions if they qualify under the following conditions:

1. Must be currently enrolled in a short-course or undergraduate program (L.I.B. included) in the college they are representing.
2. For old, or returning students, and transfers, they must have passed 50% or more of the total subjects enrolled in the previous term (except for freshmen who just graduated from High School and enrolled in UC in June or September, 2010).
3. Must not be more than 25 years old.
4. Must not have won 1st Place in the same category of previous years’ staging of LITMUS Competitions (not applied for Cheerdance).
5. Must not have won in any national competition that has similar nature as the contest category being participated.
6. Must not have represented the country in any international competition that has similar nature as the contest category being participated.
7. Must be duly endorsed by the college dean as confirmed with the dean’s signature in the entry forms, submitted by the college coordinator.

Important: Entry Forms must be submitted on the following deadlines. After verification by the registrar’s office, replacements can only be done two days before the competition. Failure to submit entry forms on time by the college coordinator means “no entry” from the college.

Deadlines for submission of entry forms.

October 30: Cheerdance Competition
November 8: Academic Quiz & Literary Competitions
November 9: Musical & Dance Competitions
November 15: Media & Visual Arts Competition
November 22: Short Docu-Feature Video Competition
Mechanics & Guidelines for Cheerdance Competitions

Cheerdance Competitions – November 5, 2010 2:00pm, UC Gym

a. Members of a team:
   • Each college squad must be composed of 18 to 25 members, with at least seven males and seven females.
   • Members of the UC Dance Squad are not allowed to join the competition as performers.

b. Routine requirements:
   • Each presentation must include a 20 to 30-second college cheer or yell. Cheers must all be self-describing cheers. Cheers describing or mentioning other teams are not allowed. Cuss words, cursing, and/or bad language are strictly prohibited.
   • Routine should be mostly dances, jumps, and cheer motions, with a few stunts, tumblings and pyramid formations.
   • Maintain a wholesome routine. Explicit vulgarity in music, costume and dance steps are not allowed.
   • Time of whole routine presentation, including yells/cheers must be within a minimum 4:00 minutes to a maximum of 5:00 minutes. Time starts at the first organized yell/cheer, dance movement, or the start of music, whichever comes first.
   • Any organized/choreographed entrance and/or exit are not allowed. All presentations must start and end at the middle of the performance area.
   • Performance area will be within 12 meters x 12 meters, which shall be matted.

c. Allowed props:
   • Standard cheering props may be used. The following are NOT allowed: liquids, flammable materials, confettis, powder, firecrackers, and any hard or heavy materials that may destroy the gym’s floor during the entry or exit.
   • All props must stay within the performance mat area during the entire routine.
   • No material should be left on the floor after the routine.
   • All props must be carried out and removed from the floor, which must be left clean by the performers after their routine.

d. Allowed costume and make-up:
   • Generally, costumes must be within standards of decency.
   • Ladies’ skirts or shorts must be at arm’s length up to the thumb of the wearer when standing and must have tight and dark undershorts of the same length, if wearing a skirt.
   • Men, preferably, should wear long pants.
   • Upper costume must cover fully shoulder and chest area. Cleavage exposure is not allowed.
   • Removable costume parts, once removed, are considered props. They are allowed as long as the conditions and rules above for props are observed.
• Use fixed make-up or hair accessories. Only the face area is allowed to be painted, no body-painting is allowed. Tiny accessories or embellishments on bodies and/or costumes are not allowed. Glitters and sequins on bodies, costumes, or props are not allowed as these may pose danger if detached and left on the floor.
• Only rubber shoes are allowed as footwear. Sandals, slippers or barefoot are not allowed.

e. Allowed pyramids, stunts and tumblings:
• Pyramids will be up to two levels only, which means only one person can be on top of a base, at chest or shoulder level of the base.
• Basket tosses are not allowed. Only stationary full stretch suspended tosses are allowed (fake tosses), which must have a base with a minimum of four persons (2 primary bases, 1 backer, 1 in front). All other stunts will require the same number of bases.
• Dismounts can only be in cradle position (face upward), pop-off, or assisted dismount only.
• Complicated suspended tosses are not allowed such as: assisted dive roll, pendulum, and suspended travelling tosses.
• The following basic tumbling tricks are allowed: forward/backward roll, cart wheel, front/back walk, round off, and back hand spring. Combination tumblings will be limited to one flip or hip over. Twisting is not allowed.

f. Criteria for Judging:
• Choreography 30%
  1. Jumps and arm motions
  2. Formations and floor dynamics
  3. Dance sequences
• Execution 30%
  1. Synchronization
  2. Group awareness/blockings
  3. Perfection of whole routine
• Pyramids/Stunts/Tumblings 10%
  1. Creativity and originality
  2. Stability and safety
• Costume and Props 10%
  1. Creativity and originality
• Cheers/Yells 10%
  1. Audibility
  2. Originality and creativity
• Over-all Impact 10%

Note: Board of judges will be composed of representatives from each participating college. All of which will give scores to the teams except his/her own college team.

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All deductions will be subtracted from the general average score. A separate penalty/deduction judge shall be assigned. A penalty/deduction sheet shall be given immediately after the performance of a team, so they will have a chance to appeal. The following violations shall have the corresponding penalties as listed:

<table>
<thead>
<tr>
<th>Violation</th>
<th>Penalty</th>
</tr>
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<tbody>
<tr>
<td>a) Not within allotted time</td>
<td>- 10 pts deduction</td>
</tr>
<tr>
<td>b) Stepping out of performance area</td>
<td>- 2 pts deduction per person, per occurrence</td>
</tr>
<tr>
<td>c) Illegal stunts and illegal yells</td>
<td>- 10 pts deduction per occurrence*</td>
</tr>
<tr>
<td>d) costume and props violations</td>
<td>- disqualification**</td>
</tr>
</tbody>
</table>

* Routine check shall be scheduled prior to contest day.

** Costume and props check shall be done in the morning of contest day.

Routine, costume, and props check are voluntary upon request. These are not an assurance that there are no more possible violations after the check since the teams may change anything anytime before actual performance.

h. Mechanics for complaints and/or appeals:

- Complaints or appeals must only be regarding possible violations of the rules and not the scores given by any of the judges.
- Complaints or appeals will only be entertained within 10 minutes starting right after the last penalty/deduction sheet has been issued to the last performer.
- Only the assigned faculty coordinator is allowed to forward a complaint or appeal to the penalty/deduction judge. Complaints/appeals from other entities will not be entertained.
- After the 10-minute allotted time, no more complaints or appeals shall be entertained and the complaint/appeal committee shall be given 5 minutes to deliberate. The decision of the committee shall be final and irrevocable.
- After all valid complaints and appeals have been entertained, the decision of the judges as reflected in the final results shall be final and irrevocable.
Mechanics & Guidelines for LITMUS Competitions

I. LITMUS Events:
   a. Academic Quiz (3 events)
      • Math & Science
      • Current Events & General Information
      • Spelling
   b. Literary Competitions (4 events)
      • Oration (English)
      • Extemporaneous Speaking (English)
      • Poetry Interpretation (English)
      • Story Telling (English)
   c. Musical and Dance Competitions (6 events)
      • Songwriting Competition
      • Vocal Solo
      • Vocal Duet
      • Solo Instrument
      • Couple Showdance
      • Group Modern Dance
   d. Visual and Media Arts Competition (4 events)
      • Photo Contest (2 categories)
      • Digital Poster Art
      • Short Documentary Feature Video

Note: The college with the most number of Gold medals shall be awarded the LITMUS over-all championship trophy.

II. Academic Quiz Show – November 12, 2010 8:00 AM, UC Theater
   a. Quiz show categories are as follows: Math & Science, Current Events & General Info, and Spelling.
   b. A board of experts, members of which shall be determined by the Chief Librarian and the UC High School Principal (contest chairpersons), shall be the source of questions. Custodian of questions shall be the Corporate Communications office.
   c. As a general rule, all answers of the given questions are sourced out from any reference material that is available in the UC Library.
   d. Math and Science questions will cover High School Math topics (Arithmetic, Geometry, Algebra, And Trigonometry) and High School Science topics (General Science, Biology, Chemistry, and Physics)
   e. The board of experts shall also serve as adjudicators during the contest proper to rule and decide over possible disputes in answers. The board’s decision shall be final and irrevocable.
f. Each college is required to field a team of three members each in the three categories. No student can be in more than one category. No college can field more than one team per category.

g. Quiz show shall be in two rounds: the elimination round and the final round. Only three teams will advance to the final round.

h. During the elimination round, corresponding scores shall be given for correct answers to questions depending on the degree of difficulty: 5 points for easy questions, 10 points for average questions, and 15 points for difficult questions. Answers shall be written on boards provided. In all categories, spelling and unit systems of answers must be correct to be considered. First three teams to garner a total of 50 points shall advance to the final round.

i. If the third slot will be contested due to tied scores, tie-breaker questions shall be given to the contesting teams only, where teams with correct answers gains advantage and those with incorrect answers are dropped-off. The third slot will be given to the one team left with an advantage.

j. In the final round, an automatic shut-off device shall be used. Only the team who will be able to buzz first shall be given the privilege to answer orally with the use of a microphone. Questions will be read twice and buzzing can be done starting at the moment the question is read until 10 seconds (20 seconds for spelling and longer time can be given for Math questions) after the second reading of the question. Corresponding points shall again be given for every correct answer. Any wrong answer shall give the other two teams to steal by buzzing. Only a second team can steal a question and answer. If the second team gives another incorrect answer, there will be no more stealing allowed.

k. The quizmaster shall give out all questions allotted for the final round (2 easy, 2 average, and 2 difficult). The final scores of the three teams shall determine the final team rankings. If a score is tied, tie-breaking questions shall be given to the tied teams, and the same auto shut-off rule applies, until one team gains advantage by answering correctly. Stealing is also allowed during tie-breaking questions.

l. If in any case where a team utters two contradicting answers, the first word/term uttered shall be considered the official answer.

m. At any point during the elimination or final round, a team’s captain or coach may raise a complaint or query on any answer given by any team. This can only be done before the quizmaster gives the next question. If the next question is already read, no more complaints shall be entertained. The board of experts shall resolve complaints and queries, and their decision shall be final and irrevocable.

III. Oration – November 12, 2010 1:00 PM, UC Theater

a. Each college is required to field one contestant. A student can only join one category in the literary competitions. No college can field more than one contestant.

b. An oration piece, encoded in short bond paper, using 12pt Times New Roman and single-spaced, must be submitted in five copies along with the entry form.
c. The oration piece must be in English, original, conforms to the given theme, and must be delivered during the contest proper between 5 to 7 minutes.
d. A penalty of 10 points will be deducted from the average score for any infraction of time limit.
e. Theme of the speech must revolve around a quoted paragraph from the book, “Reform or Revolution” by Atty. Benjamin R. Salvosa:

“Nationalism demands that Filipinos strive to be the best storekeeper, the best manager, the best administrator, the best teacher, the best that he can be whatever calling he has chosen to pursue. Thereby he will excel over the foreigner, he will deserve the patronage of his countrymen and the place of leadership entrusted to him.”
f. Appropriate costume to identify the character may be used.
g. Contestants shall all be seated at the stage area before the competition starts, and a contestant shall only move forward to deliver the speech once he/she is called. Sequence order shall be by draw lots to be done before the competition proper. A contestant not present during the drawing of lots shall be disqualified. Punctuality is a must.
h. Guest judges from outside of UC shall be invited to form as panel of judges, which shall use the following criteria for judging:
   • Content 40 %
     1. Substance, relevance to the theme
     2. Organization
     3. Persuasiveness
   • Delivery 30 %
     1. Voice, clarity and projection
     2. Pronunciation & articulation
   • Craftsmanship 20 %
     1. Vocabulary and language
     2. Style & Emotions
     3. Stage Presence
   • Personality 10 %
     1. Connection & eye contact
     2. Posture & gestures
     3. Confidence
i. Delivery shall be without microphone. Suspended boom mics will be turned on, but voice projection is still necessary.
j. Decision of the panel of judges shall be final and irrevocable.

IV. Extemporaneous Speaking – November 12, 2010 1:00 PM, UC Theater
a. Each college is required to field one contestant. A student can only join one category in the literary competitions. No college can field more than one contestant.
b. Contestants shall all be seated at the stage area before the competition starts, and a contestant shall only move forward to the rostrum to deliver his/her speech when he/she is called. Sequence order shall be by draw lots to be done before the competition proper. A contestant not present during the drawing of lots shall be disqualified. Punctuality is a must.

c. Each contestant shall be given a topic to discuss which he/she shall pick from a box four (4) minutes before his delivery. He may start composing his/her thoughts within four (4) minutes before his delivery. After the 4 minutes preparation time, he/she shall be given three (3) minutes to deliver his/her speech. An emcee will read the question/topic to signal the start of the timer and the speech. A sign will be flashed if there will only be 1 minute left and a bell shall ring to indicate the end of the three (3) minutes, where the contestant will have to end his/her speech within an allowance of 10 seconds.

d. If speaker refuses to end after the allowance of 10 seconds, a penalty of 10 points will be deducted from the average score.

e. Guest judges from outside of UC shall be invited to form as panel of judges, which shall use the following criteria for judging:

- Content and Knowledge 30%
  1. Relevance to the topic
  2. Grasp and use of information
  3. Substance & comprehensiveness

- Organization and Structure 30%
  1. Logical and interesting flow
  2. Consistency of thought
  3. Easily understandable

- Delivery and Speaking Skills 30%
  1. Pronunciation and Enunciation
  2. Style and variety
  3. Rate and tone
  4. Range of vocabulary

- Stage presence 10%
  1. Animation and gestures
  2. Attire
  3. Personality & confidence

f. Delivery shall be at the rostrum or center stage, with or without microphone, depending on preference of contestant.

g. Decision of the panel of judges shall be final and irrevocable.

V. Poetry Interpretation – November 12, 2010 1:00 PM, UC Theater

a. Each college is required to field one contestant. A student can only join one category in the literary competitions. No college can field more than one contestant.

b. A contest piece, encoded in short bond paper, using 12pt Times New Roman and single-spaced, must be submitted in five copies along with the entry form.
c. The contest piece must be in English, and restricted to poetry only, whether lyric, narrative, epic, romance or ballad, by any author; and must be delivered by full memory (no reading allowed) during the contest proper in not more than 5 minutes.

d. Penalty of 10 points will be deducted from the average score if delivery exceeds 5 minutes.

e. Appropriate costume and props (handheld only) to identify the character may be used.

f. Contestants shall all be seated at the stage area before the competition starts, and a contestant shall only move forward to deliver the piece once he/she is called. Sequence order shall be by draw lots to be done before the competition proper. A contestant not present during the drawing of lots shall be disqualified. Punctuality is a must.

g. Guest judges from outside of UC shall be invited to form as panel of judges, which shall use the following criteria for judging:

• Interpretation 40 %
  1. Appropriate and identifiable emotions
  2. Characterization

• Delivery 40 %
  1. Voice, clarity and projection
  2. Pronunciation & articulation
  3. Phrasing

• Mastery 10 %

• Over-all Impact 10 %
  1. Stage Presence
  2. Costume

h. Delivery shall be at the center stage, with or without microphone, depending on contestant’s preference.

i. Decision of the panel of judges shall be final and irrevocable.

VI. Story Telling – November 12, 2010 1:00 PM, UC Theater

a. Each college is required to field one contestant. A student can only join one category in the literary competitions. No college can field more than one contestant.

b. A contest piece, encoded in short bond paper, using 12pt Times New Roman and single-spaced, must be submitted in five copies along with the entry form.

c. The contest piece must be in English, and may be classic or contemporary stories for the youth, written by local or foreign authors; and must be delivered during the contest proper in not more than 7 minutes.

d. Delivery may be partly or fully read as part of characterization.

e. Penalty of 10 points will be deducted from the average score if delivery exceeds 7 minutes.

f. Appropriate costume and props (handheld only) to identify the character/s may be used.

g. Contestants shall all be seated at the stage area before the competition starts, and a contestant shall only move forward to deliver the piece once he/she is called. Sequence
order shall be by draw lots to be done before the competition proper. A contestant not present during the drawing of lots shall be disqualified. Punctuality is a must.
h. Guest judges from outside of UC shall be invited to form as panel of judges, which shall use the following criteria for judging:

• **Interpretation** 50 %
  1. Appropriate and identifiable emotions
  2. Characterization
  3. Elements of the story
  4. Degree of difficulty

• **Delivery** 40 %
  1. Voice, clarity and projection
  2. Pronunciation & articulation
  3. Phrasing

• **Over-all Impact** 10 %
  1. Stage Presence
  2. Costume

i. Delivery shall be at the center stage, with or without microphone, depending on contestant’s preference.

j. Decision of the panel of judges shall be final and irrevocable.

VII. **Song-writing Contest – November 13, 2010 8:00am, UC Gym**

a. Qualifications:

• Each college must enter a team composing of a melody composer, lyricist, and interpreter. One person may assume the three roles. The interpreter may be a soloist or a group of up to 8 persons only, including instrumentalists.

• **Professional songwriters** (those paid or being paid for writing songs, jingles or lyrics) and winners of citywide, region-wide or nationwide songwriting competitions are not allowed to join.

b. Submission of entries:

• Each college must submit the entry not later than the specified deadline. A college cannot submit more than one entry. An entry must be packaged in short brown envelop, containing the following:
  1. Accomplished entry form
  2. CD recording of the song containing two tracks, in WAV or music format: the song entry with vocals, and a minus-one version. CD must not be labeled. Recording may not be necessarily professionally done as judging will be done during the live performance. Submitted CD recordings are for references only.
  3. Five hardcopies of the lyrics, in 12pt Times New Roman, single-spaced, and with title only and no identifying marks of authors or colleges.
c. General guidelines:
   • Entries must be affirmed as original composition of composers.
   • Any entry that will be proven to be not original shall be disqualified, and no substitute entry may be allowed.
   • Songs must not be more than four and a half minutes (4:30), and may be in any musical genre as long as the message shall adhere to the given theme below.
   • Theme and lyrics should be inspirational/motivational. A song that will encourage people to always be hopeful and strive for the best in spite of the many challenges in life. The message of the song can be derived from the slogan “Yes UCan!”
   • During live performance, interpreter/s (singer and/or accompanying instrumentalists) will be allotted 30 seconds only for set-up.
   • Penalty of 5 points will be deducted from average score if setup time exceeds 30 seconds; and/or, 10 points deduction if performance time exceeded 4 and a half minutes.
   • Submitted songs shall become property of UC and will not be used for any commercial or income-generating activities. If any of the songs will be used by UC in school or in public, UC shall acknowledge authors of said songs.
   • Guest judges will be invited to form as panel of judges, where judging will be done during a live performance on November 24, 2009.

d. Criteria for Judging:
   • Musical structure 30%
     1. Style and creativity
     2. Originality
     3. Arrangement
     4. Musicality
   • Melody 30%
     1. Appeal and recall
     2. Strength
   • Lyrics 30%
     1. Relevance to the theme
     2. Writing style and vocabulary
   • Interpretation 10%

e. Judges’ decisions shall be final and irrevocable.

VIII. Singing Competitions – November 13, 2010 8:00am, UC Gym

a. Each college must enter one entry for each category: Vocal Solo and Vocal Duet. A student may join in one category only.

b. General guidelines:
   • The contestants shall choose their own contest piece, which can be a foreign or an OPM song as long as it’s not more than four minutes. Chosen song shall be identified in the entry form, with an accompanying CD minus one, and cannot
be changed after submission of entry forms. Entry forms must be submitted not later than the specified deadline.

• Penalty of 10 points will be deducted from the average score for a performance that exceeds 4 minutes.
• Contestants per category shall all be seated at the stage area before the competition starts, and contestant/s shall only move forward to perform when called. Sequence order shall be by draw lots to be done before the competition proper. Contestants not present during the drawing of lots shall be disqualified. Punctuality is a must.
• Guest judges will be invited to form as panel of judges.

c. Criteria for Judging for Vocal Solo:
   • Vocal Quality 40%
     1. Range
     2. Tone and quality
   • Performance technique 30%
     1. Originality and style
     2. Vocal acrobatics
   • Stage Presence 20%
     1. Attire
     2. Animations and gestures
     3. Facial expression
     4. Confidence
   • Overall Impact 10%

d. Criteria for Judging for Vocal Duet:
   • Vocal Quality 40%
     1. Range
     2. Tone and quality
   • Performance technique 30%
     1. Vocal Harmony
     2. Originality and style
   • Stage Presence 20%
     1. Attire
     2. Animations and gestures
     3. Facial expression
     4. Confidence
   • Overall Impact 10%

IX. Solo Instrument – November 13, 2010 8:00am, UC Gym
   a. Each college must field one entry only.
   b. General guidelines:
      • Contestants may use any one musical instrument only (e.g., violin, guitar, piano, or any blowing instrument). Contestant may or may not have a piano
accompaniment (to be provided by college). Judging will remain focused on the solo instrument.

- Contestants must provide their own instrument except for the digital piano, which will be provided. The contestant must provide pick-ups. Only clip or stand microphone will be made available.
- Musical piece may be any song or medley of songs to be performed within four to five minutes.
- Penalty of 10 points will be deducted from the average score if piece is less than 4 minutes or more than 5 minutes.
- Guest judges will be invited to form as panel of judges.

c. Criteria for Judging:
   • Tonality 40%
     1. Precision of notes
     2. Consistency
   • Harmony 30%
     1. Blending of notes/chords, or
     2. Blending with accompaniment
   • Dynamics 15%
     1. Variation of volume
     2. Effective accents
   • Tempo 10%
     1. Consistency
     2. Accuracy

d. Numbers shall be by draw lots to be done before the competition proper. Contestants not present during the drawing of lots shall be disqualified. Punctuality is a must.

e. Decision of judges will be final and irrevocable.

X. Couple Showdance – November 13, 2010 2:00PM, UC Gym
  a. Each college must enter one male-female couple only.
  b. The members of the group must not be professional dancers, members of professional dance groups or members of the UC Dance Squad. Dance Squad members may only help in choreography and training.
  c. Dance routine requirements:
     • Dance must be ballroom-themed based in any one of the following dance types: (choose one type only, a performance cannot have two or more types of dances)
       1. Modern Ballroom: Waltz (any type), Tango (any type), Foxtrot, Quickstep, Swing, Reggae, or Boogie.
       2. Latin and Latin American: ChaChaCha, Rumba, Jive, Samba, Paso Doble, Salsa, Mambo, or Merengue.
• Dance may be infused with modern music (mixed music allowed) and modern steps as long as the main ballroom dance type remains evident.
• There must be partner connection in at least 50% of the whole routine.
• Dance routine must be more than 1:45 minutes but not to exceed 2:15 minutes.
• Time starts at the start of the dance music or a dance movement, whichever comes first.
• Infraction in the allotted time shall cost a deduction of 1 point per second from the total average score.
• Choreographed entrances and exits are not allowed. Routine must start and end on the stage.

d. Costume & Props:
• Generally, costumes must be within standards of decency.
• For ladies, the area between the hip line and the panty line, plus the breast area must be covered completely at all times. Cleavage must be constantly covered. No see-through material is allowed on these areas. (Hip line is defined as the top of the hip bone). No high cut panties, tangas, cuts below the hip line and see through inserts in the panties. Pants may also be used.
• For males, pants must be fully secured and shorts are not allowed. Upper body (waist up) may be partially bare, or with see-through clothing.
• Some parts of the costume may be detachable as long as the specified rules above are still observed and no material shall be left on stage after the dance.
• Items of jewelry and accessories on bodies and costumes must be rigidly fixed. Any material flying off from the costume must not be left on stage after the dance.
• Props are only allowed if they are handheld and part of the dance. These should not be with any form of fire, gas, or liquid. No stand-alone props are allowed.

e. Judging Criteria
• Choreography 35%
  1. Ballroom elements
  2. Originality & creativity
  3. Musicality
• Execution 35%
  1. Body movements & connection
  2. Synchronicity
  3. Floorcraft
• Showmanship 20%
  1. Character & expressions
  2. Energy & Confidence
• Over-all Impact 10%
  1. Style & costume

f. Assignment of numbers will be by draw lots, before the start of competition. Any couple who will not be in the venue at the start of the competition will be disqualified. Punctuality is a must.

XI. Group Modern Dance – November 13, 2010 2:00PM, UC Gym
a. Each college modern dance group shall be limited to 8 to 12 members (all-male, all-female, or combination). A college may enter only one competing group. The members of the group must not be professional dancers, members of professional dance groups or members of the UC Dance Squad. Dance Squad members may only help in choreography and training.

b. Dance routine requirements:
   - Routine may incorporate a mixture of any modern dances such as: modern jazz, contemporary, hip hop, Broadway dances, Latin, modern ballet, or any popular dance craze in the modern era.
   - The whole routine must not be more than 5 minutes. Choreographed entrance and exits are not allowed. Routine must start and end on stage.
   - Music may be mixed or a single track, with vocals or instrumental. Routine may incorporate a theme or concept that will project a distinct look or style.
   - Interpretative, dramatizations, live music or any theatrical effects are not allowed. Routine must be pure dance.
   - No dangerous stunts are allowed. The dance elements are more important.
   - Maintain a wholesome routine. Explicit vulgarity in music, costume and dance steps are not allowed.

c. Costume and props:
   - Generally, costumes must be within standards of decency.
   - Costumes may be designed to reflect character, theme or concept of dance routine.
   - Stand-alone props, handheld props, or props as part of the costume are allowed except: liquids, gases, flammable substances, powder, glitters, confetti’s, live fire arms, and deadly weapons. Props set-up and pack-up will be limited to 30 seconds only before the start of dance, and after the end of the dance, respectively.

d. Judging Criteria:
   - Choreography 40%
     1. Creativity and originality
     2. Concept & Composition
     3. Formations and use of space
     4. Variety, use of different dance styles
   - Execution 20%
     1. Synchronization
     2. Team awareness/ blockings
     3. Perfection of routine
   - Showmanship 20%
     1. Energy and stamina
     2. Attitude and stage presence
   - Appearance and Style 20%
     1. Costume and props
     2. Choice of music
3. Overall impact

e. CD music and entry forms must be submitted not later than the set deadline. All competing groups must be present for their events on time. Sequence order shall be by draw lots to be done before the competition proper. Groups not present during the drawing of lots shall be disqualified. Punctuality is a must.

XII. On-the-spot Photo Contest – November 22, 2010 1:00PM Covered Court (Assembly Area)

a. Each college must field two contestants per category. Each contestant must include a proctor-partner in the entry form. Contestant must use one camera only.

b. The categories are as follows:
   • “Ucians in action” – where primary focus is on the activities of a UC student or group of students as they pursue excellence in any field of endeavor.
   • “UC scenes and sights” – where primary focus is on UC scenes or facilities, that highlights the best of UC.

c. Photo shooting will be done on the spot, all at the same time, within four hours. Contestants must bring their own camera and equipment. Borrowing or lending of cameras, lenses, flash, filters, or tripods within the 4-hour photo session is not allowed. During the photoshoot session, a contestant will be accompanied by a proctor from a different college as verifier of photos. After the session, contestant submits digital file of the official entry. Contestant chooses the official entry and proctor verifies it.

d. Submitted digital files will be kept as reference but contestant must have a copy printed on photo paper with size 8” x 10” and submitted within the next 24 hours after the photo session. The printed copy must not have been edited nor enhanced digitally.

e. Any digital camera may be used. No strict specifications or brand is required. Lens filters may be used but not necessary. Special camera effects and adjustments, as available in the camera units being used, may be employed.

f. Criteria for judging:
   • Composition and creativity 40%
     1. Aesthetic value and elements
     2. Complementing surroundings with subject
     3. Originality
   • Technique 40%
     1. Technical value
     2. Imaging technique
     3. Lighting technique
   • Message and theme 20%
     1. Positive message
     2. Impact and interest

XIII. Digital Poster Art Contest – November 22, 2010 1:00PM (venue to be announced)

a. Each college must field one contestant.
b. Specific theme will be given during contest proper.

c. Contestants will be assigned a computer unit where design software is installed as specified. If software specified is not available, contestant must bring his/her own installer, subject to the approval of the technical coordinator. Posters must be done within four hours. Finished or unfinished artwork will have to be saved as per the technical coordinator’s instructions, after the allotted time. Artworks not saved as instructed will be considered not submitted and therefore, no entry from contestant.

d. All posters must be in portrait or landscape orientation with size 12” x 18”.

e. Criteria for judging:
   - Composition and creativity 40%
     1. Aesthetic value
     2. Composition and style
     3. Creativity and originality
   - Technique 30%
     1. Degree of technical difficulty
     2. Competency in used software
   - Message and theme 30%
     1. Positive message
     2. Relevance to the theme

XIV. Short Documentary Feature Video Competition – November 24, 2010 (deadline)

a. Each college must submit an entry, where video is produced, shot and performed (as host or reporter, subject characters not included) by a student or students of up to three members. No college may submit more than one entry.

b. Video must be at least two minutes long but not longer than two and a half (2:30) minutes.

c. Story or feature shall answer or depict the theme: “What makes you UCian?”

d. It may feature a UC family member/s: student, faculty, staff, alumni, officers, or even parents/guardians of students; or a UC event or activity that promotes the values and positive message of the theme.

e. It must be presented like a short documentary or a human-interest news report, and can be shot on- or off-campus.

f. Images of sex, violence, or those that will cause discomfort to viewers are not allowed. Appearance of characters or personalities who are the main features of the story must be with their consent. Be conscious of the rights to privacy of certain individuals.

g. Video may not necessarily be shot or edited professionally. Any digital cameras or phone cameras can be used. It may incorporate a host or reporter; or just complete live voice-over annotations or commentaries. Inserted background music/soundtrack and separately recorded voice-over are not allowed. Audio must be raw audio.

h. Submitted entries must be in AVI or MPEG format recorded in CDR, with accompanying entry form, not later than 5:00PM of the set deadline.
i. Entries will become property of UC and may not be used for any commercial purposes. When used or shown in public, video makers shall be properly acknowledged. Videos may also be shown in any ‘Green Is In! 2010’ event, wherever appropriate.

j. Criteria for judging are as follows:
   • Videography  
     1. Technique and creativity  
     2. Cinematography and effects  
     3. Video and audio quality  
   • Story  
     1. Originality  
     2. Relevance to the theme  
   • Impact  
     1. Positive message  
     2. Overall impact of story

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